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That pile of pick up sticks can be a bit like the problem areas in each one of us.

We all have our top level pick up sticks and then those buried underneath. The deeper level sticks are more sensitive, and if you or someone else moves one, there can be a big "ouch!"

When dealing with other people, may I learn to stop touching their lower level sticks. I may have ideas about how to help with those problems, but if I get involved at that level, it can cause lots of troubles and even sharp reactions.. May I learn to stay out of other people's problems and sensitive areas. May I learn to stop touching those lower pick up sticks! May I remember to tell myself, "Don't do it."

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