

Positives...



Be a light in my lantern
Light in my lantern, be light
Be a light in my lantern, be light

positive motivation
and intention



acceptance...kindness...patience
kindness
gentleness...forgiveness

A basket full of kindness...



notice
awareness



positives
Notice
the
Positives
positives



quiet mind



courage
One Gutsy Thing



kindness
May we weave well
cause and effect



persistence



compassion
kindness



happy and contented
healthy and strong
safe and protected
at ease
warmth



smile
happiness
appreciation
'til your cheeks hurt



interdependence
soothing
kindness
it would be good
break from worrying

Key to "Symbols"



expand
thinking



kindness



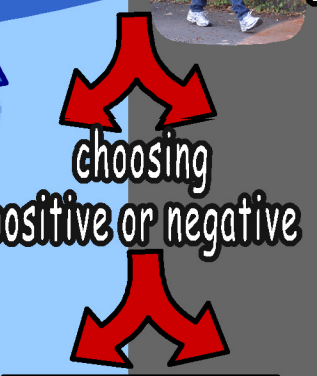
all people



cause and effect



this will change



preferences...
shhhh... just let it be...
tolerance

choosing
positive or negative

preferences...
shhhh... just let it be...
acceptance



keep trying



this will change

this will change

preference



negative mind.

THIS isn't it...

THIS isn't it... this

fighting things...

push Shove



stumbling.



Muddy dog
thinking



negative mind.

preference



walking in the mud



negative
persistence



time feels
distorted

...shhhh...

...shhhh... just let it be...